



What is it?

This is a program for men who have used violence in their relationships, but want to change this behaviour to better their relationships with themselves, their partners, their children and their communities.

Who is eligible?

The program is available to men over the age of 18 years of age and who have been violent toward their wife, common-law, girlfriend, or partner.

Participants may be self-referred, referred by an organization or agency, or directed by the courts. Men are accepted on a case-by-case basis.

What will happen?

Assessment process

Men will meet with program staff to determine their suitability. Together they will discuss strengths, resources and needs to reach their goals.

A treatment plan will be made including referrals to other programs and preparations for group sessions.

Group Sessions

Men will participate in group sessions over 20 weeks.

The therapy will help men to learn of their own value, and develop respect for themselves, and for others.

Through group conversations, men are invited to take responsibility for stopping abuse and building respectful relationships.

Men learn how:

- To build on their strengths.
- To take responsibility for their abusive behavior.
- To develop plans to prevent the build-up leading to the use of violence.
- To examine the qualities needed to build respectful relationships.
- To understand how their behaviour affects others.
- To consider possibilities for healing and repairing the effects of their abuse.



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**This free program
is available in Yellowknife.
Travel and accommodation
costs are not paid.**

**For more information
on how men can take
this program, call
the Healing Drum Society
at 867-766-2007 or toll-free
at 1-866-898-3893**



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