



## HISTORY

The Kainai Women's Wellness Lodge opened its doors on October 17th, 2009, with 10 room facility and 13 beds. Located in the heart of Moses lake Community, on the Blood Reserve.

In year 2012 to 2013 we provided services to 141 women and 90 children.

The funding agencies are INAC and Prevention and Family Violence and Bullying ( Off Reserve Status)

## KWWL IS IN PARTNERS AND MEMBERS OF:

### 6 Treaty on Reserve Shelters

Morley	Eagles Nest Stoney Family Center
Hobbema	Ermineskin Women's Shelter
Sucker Creek	Women's Emergency Shelter
Big Stone (Wabasca)	Women's Emergency Shelter
Fort Chipewyan	Women's Emergency shelter
Kainai	Kainai Women's Wellness Lodge

Alberta Council Of Women's Shelters, Edmonton

## KWWL Staff Listing

Doris Sweet Grass	Senior Manager
Dorothy Weasel Fat	Senior Crisis Worker
Rita Eagle Child	Admin Support
Gerri First Rider	Outreach Worker
On call	Child Care Worker
Vacant	Cook/Janitor
LCC Student Child and Youth Care Kristian Creighton	
<u>Full Time Crisis Worker's</u>	
Margaret Gros Ventre Boy	
Lorraine Healy	
Marisia Many Chiefs	
<u>Part Time Crisis Workers</u>	
Judy Wells	
Heidi Wells	
Geraldine Crow Chief	
Tonia Wells	

## **KWWL STRUCTURE**

Chief & Council  
Committee Members  
KCSC CEO  
KWWL Senior Manager

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Child Care/Cook   Outreach Worker – Senior Crisis Worker   Admin Assist  
Crisis Workers  
3 Full time Crisis worker  
5 Part time Crisis Worker

## **KWWL MAIN PURPOSE**

KWWL's main purpose is to provide a safe and secure environment, crisis intervention and support to women and children seven days a week, 24 hours a day, 365 day a year

## **MISSION:**

To guide and empower Women to create opportunities that allows them to express or experience wholeness

## **Vision:**

Kitsipaitapiisini – Going through the full cycle of life  
Istaw'atsimaani- Raising Children  
Pomi'ikka'pssini-Respect, Honour, Decency, Moral living  
Atsima'pii-Sacred, Reverence, Protection, Safety  
Iitsowa'pii-High Quality/Dignity/Attractive  
Ikkina'piyii-Peaceful

## Services

### WHAT DO WE OFFER?

- ❖ 24 Hour Crisis Line (403-653-3946)
- ❖ Emergency Accommodations
- ❖ Supportive Crisis Counselling
- ❖ Elder and cultural support
- ❖ Advocacy and referral
- ❖ Education in family violence & safety
- ❖ Child support programs
- ❖ Women's Groups for outreach clients

## PROGRAMS WE OFFER

### Outreach Services

- ❖ Life Skills Program
- ❖ Assist families transitioning back into the community
- ❖ Assist in building healthy violence free lives
- ❖ Provide basic needs, support, referrals & advocacy
- ❖ Transportation
- ❖ Provide various Prevention self-care work shops according to client needs
- ❖ Provide continued Outreach support to clients up to 6 months from stay

## FAMILY VIOLENCE PREVENTION PROGRAMS

- ❖ Awareness in breaking the cycle of abuse
- ❖ Providing family violence intervention and prevention education
- ❖ Services provided through partnerships with designated community resource centers
- ❖ Safety Plan, Danger assessment, Service Plan, Suicide risk evaluation and more

## Family Support and Elders Programs

- ❖ This program utilizes experiential learning styles and Sharing circles to transfer knowledge and learning to the youth and families
- ❖ Medicine Wheel teachings
- ❖ KWVL is guided by traditional holistic healing and strives to provide this program for the families by offering access to Elders by sharing their wisdom and guidance.

## Special Projects ( Partnerships )

**Women's Group - Threading and stitching storytelling – Using community based participatory research and traditional Blackfoot shawl making to create meaningful services for rural Aboriginal women fleeing domestic violence.**

**Staff Training to improve Access to Justice for Women Experiencing Violence - will provide information about legal processes, options and resources to the women we work with, also provide tools they need to make decisions for themselves, including seeking support from the justice system**

**Annual walk to promote and bring awareness to the community to "STOP FAMILY VIOLENCE" it will be our 2<sup>nd</sup> annual walk this November**

## CLIENT DAILY SCHEDULE

						3	5
6:30 - 9AM	Wake-up call for all clients. Breakfast before 9am	Wake-up call for all clients. Breakfast before 9am	Wake-up call for all clients. Breakfast before 9am	Wake-up call for all clients. Breakfast before 9am	Wake-up call for all clients. Breakfast before 9am		
8:30am	Snudge (opt)	Snudge(opt)	Snudge(opt)	Snudge(opt)	Snudge(opt)		
9-10am	Appointments -calls	Appointments -calls	Appointments -calls	Appointments -calls	Appointments -calls		
10am-12pm	Team Service Meeting with all clients Mandatory	Domestic Violence Workshop Mandatory	Life Skills Workshop Mandatory JOAM	Domestic Violence Workshop Mandatory	Life Skills workshop Mandatory 10 Am		
12-1pm	Lunch & Clean up	Lunch & Clean up	Lunch & Clean up	Lunch & Clean up	Lunch & Clean up		
1-4:30pm	Appointments -calls	Appointments -calls	Appointments -calls	Appointments -calls	Appointments -calls		
5-6pm	Dinner & Clean up	Dinner & Clean up	Dinner & Clean up	Dinner & Clean up	Dinner & Clean up		

## KWWL Partnerships

- \*Blood Tribe Membership
- \*Lethbridge Resource Center & Shelter
- \*Blood Tribe Victim Crisis Unit
- \*Surrounding Women's Shelters
- \*Blood Tribe Social Services
- \*Red Crow Community College
- \*St Paul's Treatment Center
- \*Kainai Wellness Center/Mental Health-Crisis Response Unit
- \*Foothills Detox Center
- \*Blood Tribe Police Services
- \*Kainai Community Connections
- \*Kainai Board of Educations
- \*Red Cross
- \*First Steps to Healthy Babies
- \*Blood Tribe Family & Community Support Services
- \*Blood Tribe Department of Health
- \*Fire Department/Ambulance
- \*Cardston RCMP
- \*Kainai Children Services
- \*Family Prevention Society for Women (Calgary)
- \*Fort Macleod and Cardston Inter-agency
- \*Kainai Elders Association/Standoff
- \*Blood Tribe Department of Health
- \*Alberta Council of Women's Shelter
- \*On Reserve Shelter Directors

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- \*Awo Taan Healing Lodge
- \*Kainai Adolescent Treatment Center
- \*Blood Tribe Youth Ranch
- \*Awo Taan Healing Lodge
- \*Kainai Adolescent Treatment Center
- \*Cardston Church Groups
- \*Blood Tribe Housing
- \*Blood Tribe Peace Makers Aboriginal
- \*Alberta Mental Health surrounding district
- \*Kainai Children Services Corporation
- \*Visa Share (Outcome Tracker)
- \*Pincher Creek Shaeffer
- \*Harbour House Lethbridge Shelter

## Challenges the Shelter face

Transportation no bus or taxi services isolation reserve is very big  
Lack of Health Care professionals in house eg Addictions counselor, mental health , nurse,

Client addictions, sniffing, pills , alcohol, health issues

Housing ( shortage of housing)

Finances ( depending where your moving if you qualify off reserve on reserve )


Lack of police and victim unit involvement ( no follow up)


Funding Constraints

Client and staff ratio 1 staff on site instead of 2 on evening and week end shifts un safe working environment (shortage of staff )

Choosing one program for another such child care or cook

Resources limited on reserve, clients have to go off reserve to utilize resources

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- Client want us to advocate because they feel intimidated in court especially if they see there ex spouse
  - They're intimidated by the crown prosecutor
  - They're nervous because of the atmosphere in court
  - If someone were to go to court with client they would feel they are not being judged
  - And they as if everyone were looking at them.

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- Clients are directed to legal aid
  - With social services they feel there is a lot of paper work to be done ex-
  - Letters from appropriate departments stating proof of clients residency



## Child Protection

- Clients are unable to see children while at shelter
- Because of the fact of child that is in foster care it is long distance
- A client last spoke with her thirteen year old child was a month ago
- A clients conditions to have children back under her parental privilege she needs to sustain from alcohol and drugs
- They need to complete parenting skills program
- Seek permanent housing
- Once these are accomplished clients can start receiving visits from children.



## After Care

- Professional counseling
- Elder sessions
- Support systems (A.A)
- Would like to see kids involved in sports and recreation

#### CAUSAL EFFECT

"Why do we stay in violent and unhealthy relationships?"

Cause – LOVE

Effects – Honeymoon period, try to change the other person, false hope, addictions

Cause – FINANCIAL

Effects – Control of money, co-dependency, children, loss of income

Cause – CHILDREN

Effect – Don't want to separate the child, Kids get lonely, anger for leaving, blame, custody

Cause – FEAR

Effect – Abuse, bullied, insecurity, no money, fear of being alone, brainwashed, threaten to take kids, bluffing

Cause – CONTROL

Effect – Scared of being alone, brainwashed, can't be independent, control of money ( house, vehicle), no friends fear of being abused, take your children, bluffing

1) CHILDREN 2) BEING ALONE 3) FINANCES

#### SPIDER NET

"What stops you from coming to the shelter when you need help?"

TRANSPORTATION - No vehicle, no gas money, distance (mileage)

CONTROLLING SPOUSE – Screen calls, under the influence (drunk), Insecure

FEAR – Leaving children behind, abuse, police, scared to be alone

EMBARRASSMENT – Thinking it's my fault, labeled, injuries

CHILDREN – Child welfare system, acting out, keeping out of school

FINANCES – No money, Spouse withholding all the money, no help

**\*FEAR\***

#### DOMESTIC VIOLENCE SERVICES MATRIX

SHELTER – lack of being beneficial, confidentiality, availability and protection

POLICE – Worst ranking in being beneficial, confidential, available, attitudes, protection, transportation, trust and follow-up

VICTIM SERVICES – Lack of being beneficial, confidentiality, attitudes, protection

HOSPITAL – Lack of being beneficial, available, attitudes

COUNSELLING – Lack of availability

LEGAL AID – Lack of confidentiality, protection, transportation, trust, follow-up

CRISIS LINES – Lack of being beneficial, confidentiality, availability

CORRECTIONS – Lack of confidentiality, availability,

FAMILY – Worst ranking of not being beneficial, confidential, available, distance, attitudes, protection, trust and follow up

FRIENDS – Worst ranking in being beneficial, confidential, available, distance, attitudes, protection, transportation

\*POLICE – FAMILY – FRIENDS\*

## Barriers/Challenges

Personal Feedback from clients