

Violence is a global problem which we encounter at the interpersonal level, in group dynamics and between nations and communities. Wherever it is situated it can cause physical harm and emotional damage. An ideal world is one in which there is no violence, where we support each other and resolve conflicts and differences through communication, negotiation, mediation and respect for the other. Violence may resolve an issue in the short-term but it is never a response which elicits long-term harmony.

“The practice of violence, like all action, changes the world, but the most probable change is to a more violent world.”

Hannah Arendt

If we are to create peaceful communities we need to fulfill the following requisites:

Security

Children benefit from growing up in an environment in which they are loved and cared for. We need to ensure that our children are forming nurturing relationships from the moment they are born. Children raised in a secure environment where they are confident in the caregiving capacity of parents and others, are then free to explore their environments without fear and become productive, creative and loving people themselves.

Values

We need to follow principles of conduct which ensure that we are treating others in a way that we wish to be treated. There are many spiritual teachings and philosophies which are grounded in values such as love, honesty, respect, compassion, and generosity. When these values guide our actions we will find ways to resolve our differences which do not cause harm to others.

Equality

Unequal societies have higher rates of violence than do more equal societies. We must strive for social policies that fairly distribute the earth's resources without harm to the environment. We need policies of social and economic inclusion for all.

Knowledge

Non-violent communities are ones where knowledge is valued. If we reflect on the causes of violence and come to understand these causes in the most real way possible, then it will be more likely that we will find effective strategies to eliminate violence. We must reflect on our personal attitudes and responses, examine research, and engage in dialogue.

Actions for a Non-Violent Society

Pay attention to the children. Give them the best possible physical and emotional circumstances in which to grow.

Demand a fair distribution of the earth's resources that respects the environment.

Encourage people to talk about the values that will be the foundation for a non-violent response to conflict.

Learn about alternatives to violence, such as the teachings of Gandhi, and put them into practice.

Support organizations which champion policies that are grounded in a regard for children, fairness, and education.

See the common humanity in all of us and embrace and celebrate difference.

For more information about strategies of non-violence contact the PATHS office or check out our website.

“World society will change at a gallop when its worldview changes, but its worldview will not change until a galvanizing alternative philosophy appears, together with images, ceremonies, music and metaphysics that can give it life in human hearts and minds.”

Bruce Alexander



Shelters and Services:

EMERGENCY SHELTERS

Fort Qu'Appelle 306-332-6881

La Ronge 306-425-3900

306-425-4090 (crisis line collect)

Meadow Lake 306-236-5570

Moose Jaw 306-693-6511

North Battleford 306-445-2742

Prince Albert 306-764-7233

Swift Current 306-778-3692 | 1-800-567-3334

REGINA

Isabel Johnson Shelter 306-525-2141

Regina Transition House 306-569-2292

WISH - Wichihik Iskewak

Safe House 306-543-0493

SASKATOON

YWCA of Saskatoon 306-244-2844

Saskatoon Interval House 306-244-0185

YORKTON

Shelwin House 306-783-7233 | 1-888-783-3111

Project Safe Haven 306-782-0676

SECOND STAGE

SOFIA House (Regina) 306-565-2537

Prince Albert 306-764-7233

Genesis House (Swift Current) 306-778-3692

Adele House (Saskatoon) 306-668-2761

WISH (Regina) 306-543-0493

FAMILY VIOLENCE

OUTREACH SERVICES

North East (Melfort) 306-752-9464

1-800-611-6349

Hudson Bay 306-865-3064 | 1-800-611-6349

West Central (Kindersley) 306-463-6655

Envision (Estevan) 306-637-4004

1-800-214-7083

Envision (Weyburn) 306-842-8821

1-800-214-7083

Partners Family Services

(Humboldt) 306-682-4135

PATHS Members Philosophy

Life is a journey towards happiness. It is a journey which involves making personal and societal change which, because we are strong, is always possible. We achieve this goal through love, solidarity, self-insight, faith, knowledge and the compassionate support of others.

PATHS Conference 2011



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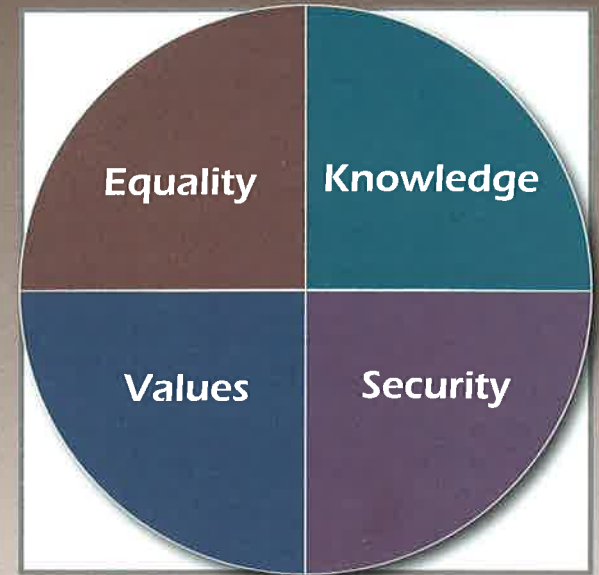
Prairieaction
FOUNDATION

Supporting Solutions
To Violence and Abuse

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Creating Peaceful Communities



Requisites for a Non-Violent Society



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