

Stalking is a crime



What is Stalking?



Stalking is when one person scares and harasses another with repeated, unwanted contact or actions.

A stalker is usually someone you know.

Most stalking incidents involve men stalking women.

Is Someone...

- Following and watching you?
- Making unwanted phone calls to you?
- Sending you gifts or other items that you don't want?
- Constantly demanding to know what you are doing and with whom?

Have you...

- Been unable to do what you want or go where you want?
- Changed your lifestyle to avoid this person?

The law says...

"No person shall behave in a way that makes another person fear for their safety."



What Should I Know?

Stalking is unpredictable and dangerous.

It often starts out with small acts and becomes more and more dangerous.

There are steps you can take to protect yourself.

What Should I Do?

- Trust your instincts. Take the situation seriously.
- **Contact the RCMP**
- **Tell people** about what is happening to you and the danger you feel.

There are people who can help:

Important Phone Numbers:

RCMPlocal prefix + 1111

Victim Services

Yellowknife.....867-669-1490

Hay River.....867-874-4001

Fort Smith867-872-5911

Inuvik867-777-5493

Fort Good Hope.....867-598-2247

Fort Simpson867-695-3136

YWCA Alison McAteer House Yellowknife

Toll Free1-866-223-7775

Centre for Northern Families

Yellowknife.....867-873-9131

Hay River Family

Support Centre867-874-3311

Inuvik Transition

House867-777-3877

Sutherland House 867-872-5925

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