



**YWCA**  
C A N A D A

A TURNING POINT  
FOR WOMEN

UN POINT TOURNANT  
POUR LES FEMMES

**Building Service Capacity:  
Supporting Access to Justice for Aboriginal Women Dealing with Violence**

**Legal Information Workshop Exercise**

**“TELLING THE STORY”  
Protection Orders Exercise**

I am applying for an Order because of the following facts/events:

**Version #2:**

John R is my common law husband. We have been together for 4 years. We have one child together, named Jacob, who is three years old.

Last year John’s baby brother committed suicide, and John has had a really hard time coping. He started drinking and the drinking has gotten worse. When John drinks he becomes physically and verbally violent and emotionally abusive.

Tonight John really scared me. I’m worried that he’s going to completely lose control and harm me, my child or our home.

I was at work and John was at home looking after Jacob. He called me at 7pm and was drunk and shouting and breaking dishes. I ran home and the place was a disaster. John had broken dishes everywhere and my son was cowering in the corner. John demanded money from me to buy more drink and when I refused he lunged at me and tried to punch me.

Tonight I ran out the door with Jacob. As we were leaving, John said he would burn the house down if we didn’t come back and if I didn’t give him money.

This isn’t the first time he’s done this. This is the third such incident in three months and things are getting worse. Last month he pushed me up against the wall and put his hands around my neck, threatening to kill me if I didn’t give him money. About two months ago he threatened to put us all out of our misery. Me, Jacob and John. On that occasion he took a loaded rifle and waved it in my face. On both of these occasions he also shouted and swore at me, in front of our son, that I’m a terrible mother and wife. He’s thrown things at me and has broken the t.v. and half the dishes.

John needs help. Before his brother died, John was a good father and husband. But right now John is dangerous to us. For a period of time while he sobers up and gets serious



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about healing, he needs to stay away from me and Jacob, especially our home, where I work and Jacob's school. I also want his gun seized. When he is binge drinking you don't know what he might do.